



WELCOME TO THE SPRING SAHAVAS

The theme for this year's Spring Sahavas is all about community and togetherness, and feeling Baba's presence in our lives and with each other.

We have our fabulous guest- Vinod Khilnani from Meherabad in India, shared art projects, delicious community meals, talks, discussion groups, films and performances to inspire and help us feel Baba's presence more and more deeply in our daily lives.

Please note that outdoor events and projects are weather permitting.

Enjoy!

Avatar Meher Baba Ki Jai!



2025 SPRING SAHAVAS GUEST VINOD KHILNANI



Vinod Khilnani is a second-generation Baba lover who spent many years in Beloved Baba's company as a child and teenager. His father, Judge Prem Khilnani, had been seeking God and after a long search, met Meher Baba in 1958 at Guruprasad in Poona, India. When Baba returned from the West that year, He invited Prem's wife, Girja, to see Him. Girja had sought God in human form as a child, but it was up to Baba to prove to her that He was just that. And He did. Eventually, the children, Vinod and Raj were brought to Baba. In Baba's natural and loving way, the family became His.

In 1962, Meher Baba invited the Khilnani family to live at the Trust compound as Baba's tenants, and Baba visited their home on many occasions. Vinod believes this was the best time of His life.

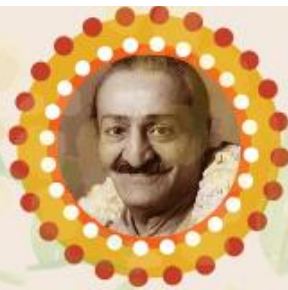
Vinod and his brother Raj attended a convent school, where they heard many stories about Jesus. Vinod became confused and once asked Baba, "You say you are God, but in school the nuns say Jesus Christ is God. Who is the real God?" Baba answered, "Jesus was; I am!"

Vinod recalls, 'I was satisfied with Baba's simple and clear answer and was never confused again'.

After four glorious years, Prem was transferred to Alibagh, a seashore town in Maharashtra. But despite the beauty, they longed to live near Baba. Baba suggested for Prem to apply for a transfer back to Nagar. This was an impossible task since judges are never posted twice at the same spot. Baba touched the application letter and off it went. In return, Prem received a promotion, and because he now held a different title, he came back to Ahmednagar. The family were there for Baba's entombment in 1969 and stayed on in Nagar until 1971.

Vinod will speak about the experiences of His family, anecdotes from Meherabad, Meherabad, the Trust compound and Guruprasad. He will also share his own interactions with Baba as a child and what life with Baba was and is for him. The family received a treasure trove of letters from Beloved Baba that contain messages full of His loving guidance. Vinod loves to reread them and will share from them too.

-by Preeti Hay



SPRING SAHAVAS

PRE-PROGRAM

FRIDAY 3RD OCTOBER 2025

2pm - Kids time with Lorraine and Vinod in Baba's House

3pm - walking tour around Avatar's Abode property, collecting foliage and sticks for the making of the Humpy and Sand Mandala in preparation for the Spring Sahavas weekend.

- Led by Jethro Hitchens

Meet at the Lookout (bench overlooking Mt Coolum next to the entrance to the Farmhouse driveway)

CHILDREN'S PROGRAM

Friday 3rd 2pm- Kids time with Lorraine & Vinod in Baba's House

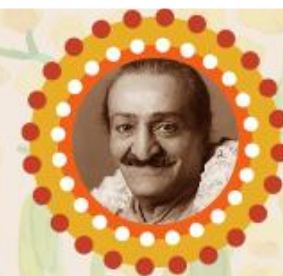
Friday- 3pm Educational walk with Jethro & making humpy & madala over weekend

Saturday 4th - 1.30pm Aerial Silks performance in Shed

Sunday 5th - face painting during morning tea



Example of a humpy shelter



SPRING SAHAVAS PROGRAM

OCTOBER 4 - 6, 2025

SATURDAY

**All program items are in Baba's house
unless otherwise specified*

09.00- 9.30am - Arti + prayers + welcome to Sahavas

09.30-10.30am - Special guest Vinod Khilnani story sharing

10.45-11.15am - Morning Tea + Barista coffee - Kitchen

11.30-12.15pm - Talk on Living Faith- Daniel

12.30-1.30pm - Catered LUNCH in Kitchen/Shed

Adults \$15, Teens \$10, children \$5

1.30-2.00pm - Mira + Lilia - Aerial Silks performance - Shed

2.15-3.00pm - Quiz- led by Gard Saunders- Baba's House

3.15- 4.15pm - David + Rod - Francis Brabazon musical archives

4.15-5.00pm - Jim Frisino Film- Meherabad tour with Dr Anne

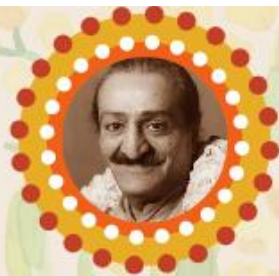
5.00-7.00pm - Shared meal- live music performances + food |
cooked by Jethro on the BBQ -Shed/Kitchen area
Bring a picnic rug and enjoy time together
(Donations welcome but not essential)



**Tea + coffee available all day at the kitchen*

*** For details on each program item please read 'Program details' page*





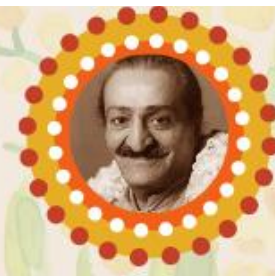
SPRING SAHAVAS PROGRAM

OCTOBER 4-6, 2025

SUNDAY

**All program items are in Baba's house
unless otherwise specified*

- 09.00- 9.15am - Arti + prayers
- 09.15-10.00am - Beads on One String- Kirtan with Sage
- 10.15-11.00am - Morning Tea + Barista coffee - Kitchen**
Face painting on shed verandah
- 11.15-12.15pm - Special guest Vinod Khilnani
- 12.30-1.30pm - Catered LUNCH in Kitchen/Shed**
Adults \$15, Teens \$10, children \$5
- 1.45-2.15pm - Michael Le Page film- Meherwan Jessawalla
- 2.30-3.15pm - Claire Mataira - Power + Powerlessness
- 3.30- 4.30pm - Lila Isaacs- Discussion group- reading &
interpreting the Master's Prayer
- 4.30-5.00pm -Arti and music



SPRING SAHAVAS PROGRAM

OCTOBER 4-6, 2025

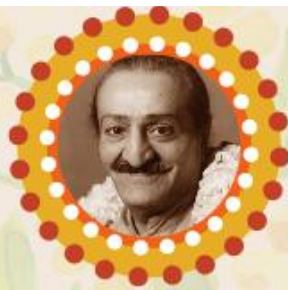
MONDAY

**All program items are in Baba's house
unless otherwise specified*

- 09.00- 9.30am - Arti + prayers
- 9.30-10.30am - Discussion Panel with Vinod Khilnani,
Bernard Bruford and Michael Le Page
- 10.45-11.15am - Morning Tea - Meeting Hall**
- 11.30-12.00pm - Closing Ceremony- music + Arti in Baba's
Square

***Those wishing to donate towards the Spring Sahavas can
do so during the Sahavas. We suggest \$20 per adult per
day, or \$40 for the weekend.***





SPRING SAHAVAS

PROGRAM DETAILS (1)

TALKS:

Over the Spring Sahavas weekend there will be several opportunities for us to immerse in new ideas and stories:

Special guest from Meherabad, India- Vinod Khilnani

Friday 2pm (children), Saturday 9.30am, Sunday 11.15am, Monday 9.30am

Our beautiful guest speaker has been described recently as someone not to be missed: "I have just had a delightful afternoon tea with Vinod. He is a treasure trove of stories of his life and his parent's life with Beloved Baba.

Such occasions are rare these days to hear first-hand stories from someone who has so much to share of Baba.

For Vinod and his family, Baba was the head of the family.

When he talked, every other word he said was Baba. Baba told us to do this, Baba said to do that. He didn't just meet Baba for a Sahavas or two but has years of living close to Baba under His compassionate fatherly direction at the Trust Compound in Ahmednagar at Baba's request. Only a handful of families were given this invitation.

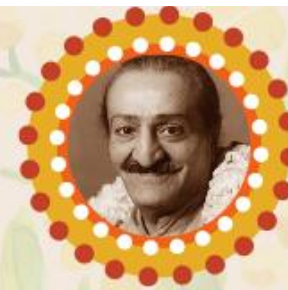
I can't help thinking of the 'young ones' and how much they would be grateful to hear him speak and spend time with such a beautiful soul. Please pass the word around.

I highly recommend not to miss this golden opportunity of spending as much time as possible with Vinod. It won't come around again for 700 years.

He will be a very thoughtful guest and is the real deal" - Suzie Iimura

Daniel Montague- Living Faith- Saturday

An account of Daniel's personal experience with rescuing a young drowning boy, what he learned from Baba as a result of that experience and his recent years as a carer for his beloved wife Carolyn. Daniel shares with us how he has learned to serve Baba through these experiences.



SPRING SAHAVAS

PROGRAM DETAILS (2)

PERFORMANCES:

AERIAL SILKS with Lilia and Mira- Saturday 1.45pm

We are treated to a beautiful and gravity-defying aerial silks performance by the graceful and dynamic Lilia and Mira.

Prepare to be wowed with a sense of wonder, awe and delight with the incredible precision, skill and artistry involved.

Shared meal- Saturday 4.30-6.30pm

Jethro will be cooking fish risotto (veg options available) outside, while we have live music, some relaxed togetherness and a bit of impromptu fun. Maybe even some dancing! Bring a picnic rug, donations welcome

Beads on One String- Kirtan with Sage Beame -Sunday 9.15am

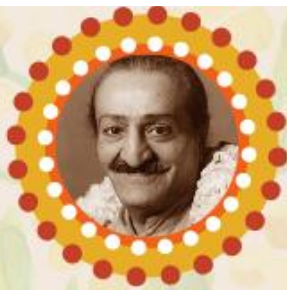
Sage will take us through a journey of music through the Avataric manifestations, with singalong Kirtan songs designed to forget the mind, open the heart and immerse in the deep ecstasy of longing for God.

FROM THE ARCHIVES:

David Bowling & Rod Tyson- Francis Brabazon musical collection- Saturday 3.15pm

We are treated to a unique musical experience.

Francis bequeathed a collection of over five hundred 78 rpm and lp records to Avatar's Abode dating from 1912. Rod Tyson who owned a record shop for decades will talk about the collection and the work he has done to archivally preserve the records, and David Bowling who has been cataloguing the entire collection will share some of the contents, including tracks that had special significance for Francis.



SPRING SAHAVAS

PROGRAM DETAILS (3)

DISCUSSION GROUPS:

Claire Mataira- Powerless and powerful.

Sunday 2.30pm

Claire facilitates a subject that affects all of our lives, power and powerlessness in various personal and collective relationships, touching on community harmony and conflict resolution, how division is managed, and what beautiful ways we have that can bring these inner experiences and relationships back to Baba.

Lila Isaacs- Reading and interpreting the Masters Prayer

Sunday 3.30pm

Lila will lead us in a fun and thoughtful deep dive into the beautiful Master's Prayer that Meher Baba left us. A prayer that He said would contain His physical presence whenever 2 or more are gathered to recite it.

In this discussion group we will read through the prayer line for line together, with the intention of noticing any words or lines that may jump out or touch our hearts.

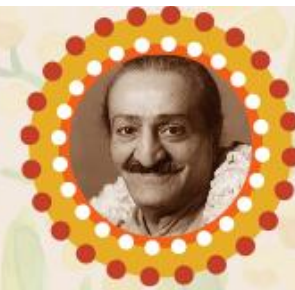
We can read it together, share our interpretations of definitions or any feelings that may come up or feel special to us.

This experience could really deepen all of our experience with the Master's Prayer both individually and as a shared experience in the future as we would all have new meanings and associations with it.

Panel of Living legends- Vinod Khilnani, Michael le Page and Bernard Bruford

Monday 9.30am

These 3 characters had the good fortune to spend time with Baba as children or teenagers, and will share a lively panel of Q and A and stories on their days with Baba.



SPRING SAHAVAS

PROGRAM DETAILS (4)

FILMS TO REMEMBER BABA:

Jim Frisino- Saturday 3.30pm

Video montage of Dr Ann giving the Lower Meherabad Tour which includes telling the story of how Baba came to the site, where and how He began His Silence, their living accommodations, The Rahuri Cabin and Baba's work with the masts, including Mohammad who stayed at lower Meherabad for many years, as well as Mandali Hall.

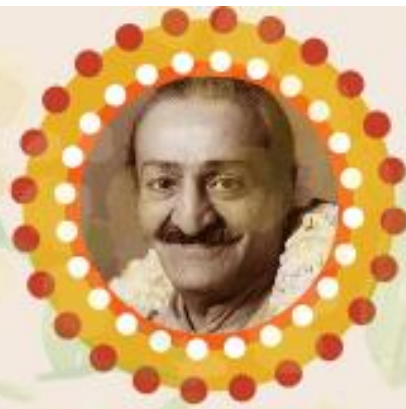
This will be a lovely film especially for anyone feeling homesick for Meherabad:)

Michael Le Page - Sunday 1.45pm

In this film Meherwan Jessawalla shares some fabulous stories of games and sports with Meher Baba.

This film is a bit of a fun precursor to the panel on Monday morning with Vinod Khilnani, Michael Le Page and Bernard Bruford, who also had met Baba during their teen or childhood years.





SPRING SAHAVAS

COLLECTIVE ART PROJECTS

Over the Spring Sahavas weekend there will be several shared art projects:

Community Canvas- Shed Verandah

Add your art work to a shared canvas centering around
Beloved Meher Baba's face

Coordinators- Sage Beame + Claire Mataira

Working with our hands- building a Humpy + community Sand Mandala

Jethro will lead us through the building of a Sand mandala and a Humpy providing an opportunity for connection over the Sahavas weekend.

-meet Friday 3rd 3pm at the Lookout bench, or find Jethro Hitchens during Sahavas weekend.

Coordinator- Jethro Hitchens

Arts + crafts table- Shed verandah

Parents to supervise younger children at all times

